

10 Minutes Together

Points for Life!

Have each family member assign point values to the items below, based on the things that mean the most to her. Let her know that she has 1000 points to spend on things that add value to her life and the life she wants to create for herself. She can use her points however she would like, assigning each item a point value between 0-1000, but she can't have a total that is more than 1000 points.

- Vacations _____ points
- Helping others (giving to causes) _____ points
- Time with friends to hang out _____ points
- Toys and Games _____ points
- Free time _____ points
- Shopping for clothes _____ points
- Technology and gadgets _____ points
- Collecting Music, Movies & Books _____ points
- Entertainment (going to movies, concerts, arcade) _____ points
- Eating Out (ice cream, food, coffee shops) _____ points
- Sports and Recreation _____ points
- Time with family _____ points
- Creativity (art, music, writing, drama) _____ points
- Other: _____ points